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A picture containing indoor, table, chair, sitting

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Before or after your visit to Heritage Farm Museum and Village in Huntington, WV you can show your students the video about rope beds.

**What do you want them to know?**

* How a rope bed worked?
* What was used to make the mattress?
* What does the saying mean, “Sleep tight and don’t let the bed bugs bite.”
* Compare your bed with the early beds in Appalachia.

<https://www.youtube.com/watch?v=h5dJxmTAjyg> (approx. 2 minutes)